



Top to bottom:
 Kevelaer Way, nr start.
 Best ridden when dry.
 Pakenham windmill.
 The Well café, Hopton

Weekender

The Wolf Way
 For more details about
 the longer route, visit
[cyclinguk.org/route/
 wolf-way](https://cyclinguk.org/route/wolf-way)

The Wolf Cub route

The shorter version of the Wolf Way bikepacking route in Suffolk offers great scenery and modest gradients. **Markus Stitz** is your guide



MARKUS STITZ

Markus is the founder of Bikepacking Scotland and works with tourism organisations to create new routes

The Wolf Way, co-created by Cycling UK members Sharon Calton and Chris Bower, is a welcome change from hillier bikepacking routes in Britain's north and west. It winds its way 400km (228 miles) along flat bridleways, byways, gravel tracks, cycle paths and quiet back roads through Suffolk.

The Wolf Way is named for a legend. After refusing to renounce his Christianity to Viking raiders in AD 869, Edmund, then king of East Anglia, was beheaded. The story says his head was later found being guarded by a wolf, and when reunited with his body, miraculously fused back on.

At 101km, the Wolf Cub is a shorter version of the main bikepacking route. It's a good route if you want to travel a bit slower and make a weekend of it. Or if you're happy to push on, you can do it in a day – as I did this spring.

Though Suffolk is mainly flat, there were stretches that required more chunky tyres to deal with the mud. I would suggest waiting until the trails have dried up. The route described here does not include 'The Grundle' – a hollow way on the edge of Stanton that takes its name from Grendel, the Norse monster that resided in low-lying, watery places. If it hasn't dried up, cycling here feels a bit like taming a monster and is best avoided. The rest of the route was, despite being flat, amazing fun even in spring.

