



CeCe takes the lead on the Cinder Track between Scarborough and Whitby, which is mostly unsurfaced

of the day. CeCe began to panic that we wouldn't make it to our accommodation.

Between soothing her anxiety and fixing the puncture, we pulled together as a unit, seamlessly taking responsibility for different jobs. Before long we were pedalling along the lane to Wells-next-the-Sea. At that moment a barn owl swooped from the trees and along the hedgerow, starting her evening's hunt. We pinched ourselves at how lucky we were to witness this moment.

I wrote an article about our adventure towing our children along the Rebellion Way (cyclinguk.org/rebellion-way-with-children). It was also made into a film, 'Along for the Ride' (bit.ly/cycle-alongfortheride). Eighteen months on from that, we've just launched our second film, 'Kids & Coastlines' (bit.ly/cycle-kids-and-coastlines), which is about bikepacking part of the Route YC cycle route in North Yorkshire. (The route website is at routeyc.co.uk/cycling and GPX files of all the route options can be downloaded from bit.ly/routeYC-routes-komoot.)

So what have we learned from making these films and from all our other riding? ▶



Above, right and below: For the Rebellion Way ride, CeCe rode a Mission Cycles Piggyback trailer trike attached to Vicky's bike. The smaller children travelled in conventional child trailers

