



Traws Eryri in North Wales

## Routes

# UPCOMING ADVENTURES

Help us create new long-distance routes by donating today. Together we can develop more awe-inspiring routes in 2025

Since 2018 we've created several breathtaking adventure cycle routes across the UK, inspiring thousands of riders like you to connect with our rich history and stunning natural landscapes, enjoying the very best of the UK's historic landmarks.

- **Traws Eryri** weaves 196km through one of the UK's most dramatic mountain landscapes. With sweeping descents, gnarly climbs and rugged terrain throughout, the route promises to show you the best of the wilds of North Wales.
- **The Rebellion Way** is a 373km cycling adventure through Norfolk. Meandering along a mix of quiet and mostly flat back roads, byways, cycle paths and bridleways under huge panoramic skies, it's a fantastic introduction to multi-day, on- and off-road adventuring for anyone.
- **The Cantii Way** takes its name from the Celtic tribe that inhabited the area during the Iron Age. Combining quirky coastal towns and dramatic chalk cliffs with the rolling hills of the Kent Downs Area of Outstanding Natural Beauty, this is a 237km adventure to savour.
- **The West Kernow Way** takes in many of the highlights of the western half of the Cornish peninsula over 238km, including the Botallack tin mines, the Bronze Age monument Mén-an-Tol, Land's End, St Michael's Mount and Lizard Point. Expect spectacular coastal scenery, hedgerows bursting with wildflowers and ancient tracks across isolated moorland.
- **King Alfred's Way** is a 350km circular off-road adventure route through 10,000 years of history, connecting some of southern England's most iconic sites.



SCAN ME

In 2025 and beyond, we want to create more of these routes for you and for future generations so that more cyclists can enjoy and explore our spectacular landscape. This time we need your help to make it a reality.

We're raising funds to finance our work on new routes. **Your donation today will bring new, awe-inspiring cycling adventures to life.** It also helps to encourage sustainable tourism and support local businesses along our routes. You can be part of this adventure: donate today to make our new routes a reality for you and others like you.

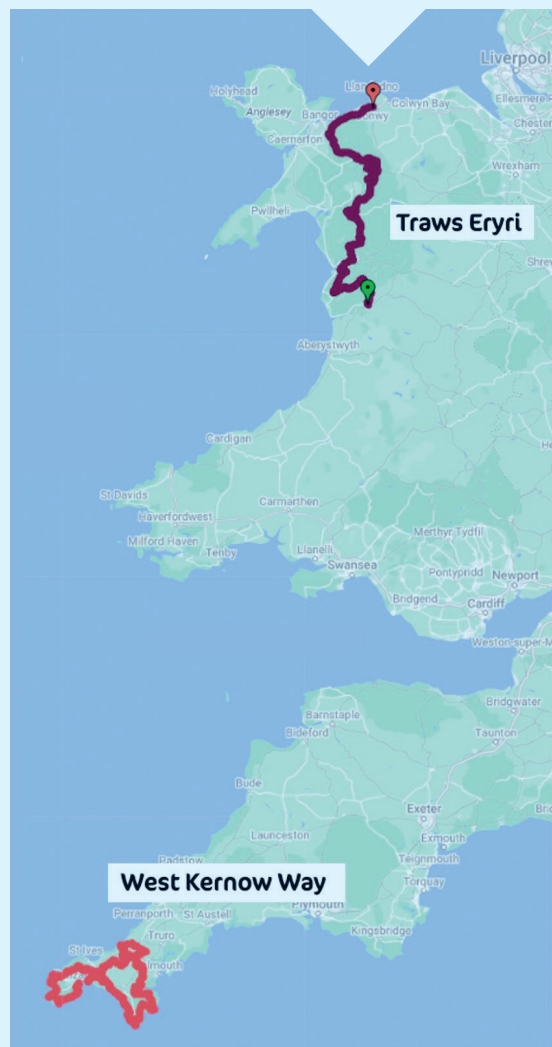
What's more, your support will go further right now thanks to a generous matched funder. For every £1 you donate before the end of May, the Gill Foundation will kindly match your gift so you can double your impact. (Donations after the end of May are still welcome!) Scan the QR code or visit [cyclinguk.org/long-distance-routes-appeal](https://cyclinguk.org/long-distance-routes-appeal).

As a member-driven charity, we're deeply grateful for the support of our members and route lovers who have already given to our long-distance route appeal. We cannot continue work like this without the generosity you have shown. Thank you to those who have already supported us by raising £21,066 (as of 7 May). Your help can allow more people to enjoy the breathtaking British countryside.

### Staying up to date

We want you to be the first to know how our next route is developing. With your donation we will give you insider access. You will:

- Receive regular updates on the development of our route series
- Get early access to order the route guide
- Be sent the plotted route via GPX file on the day of launch ●



## The Gill Foundation

Julie and Martin Gill from The Gill Foundation explain why they have supported and generously match funded our long-distance route appeal.

"We have been cycling for about 20 years, initially commuting then riding various organised sportives in different places, and then starting our own cycle club. Moving on from single-day rides, the appeal of seeking new horizons