



Scotland

CYCLING SUPPORT AT HOLYROOD

In March Cycling UK hosted an exhibition stand in the Scottish Parliament. We were able to talk to 47 MSPs about the benefits of cycling and the need for further investment. That opportunity for engagement, visibility and relationship building was excellent, and may now prove invaluable as new First Minister, John Swinney, seeks allies in parliament. We will be reaching out to Cabinet Secretary for Transport Fiona Hyslop, urging her to recommit to supporting cycling and sustainable travel.

Events

STRATEGY WEBINAR FOR MEMBERS

We've launched our new five-year strategy, which aims to fully realise the vast potential of cycling to help people and society. We'd love to tell you more about what it means for our work and hear from you. Join us for an online member event on 5 June to hear more about the strategy and why we believe it will be really positive for members and groups. Register for your place: cyclinguk.org/member-webinar.



On average, men in England made three times as many cycle trips per year as women from 2015-19 (DfT travel survey)

Disability cycling

THE INCLUSIVE CYCLING EXPERIENCE

Cycling can bring a sense of freedom as well as an important means of getting around to many people with disabilities or long-term conditions. However, getting the right cycle can be difficult. This is where Cycling UK's new project, the Inclusive Cycling Experience, comes in.

This exciting new programme will support disabled communities to start cycling by offering free try-out sessions and non-standard cycle loans. This will break down two of the main barriers disabled people face when it comes to cycling: the

cost and lack of availability of appropriate cycles; and a lack of skills and confidence.

The loans range from one day to a month, and users can come back multiple times. Cycling UK's fleet of bespoke and customised cycles includes tricycles, e-cycles, recumbent cycles and tandems. These will help overcome many of the problems that prevent people with disabilities, such as visual impairment, limited mobility or dyspraxia, from using a standard upright two-wheel bicycle.

The confidence-building try-out sessions have expert

support to ensure each person gets a cycle that is right for them and their cycling needs. Essential skills will be taught, too.

Funded by the Motability Foundation, the Inclusive Cycling Experience is available in two regions: Greater Manchester and Inverness. Participants must be over 16 and resident in either of the two locations. The scheme is open to people who have a disability, a long-term health condition or who self-identify as disabled.

cyclinguk.org/inclusive-cycling-experience

Awards

100 WOMEN IN CYCLING 2024

It's your last chance to nominate this year's 100 Women in Cycling. Who would you like us to celebrate in our eagerly awaited awards for women who work hard and do exceptional things that inspire others to cycle?

You can nominate grassroots campaigners, community ride leaders, influencers, industry movers and shakers, or



Caz Conneller, from 2023's 100 Women

sporting heroes – or anyone else that you think deserves recognition.

Don't miss your chance: nominations close Sunday 9 June. Visit cyclinguk.org/100women/nominations.