First look Sensible aeometry. practical frame fittings and room for 28mm tyres. The components are decent, too

66 A shallower head angle and lonaer chainstays vield a more stable ride

They're fitted with Schwalbe One tyres – the rebranded Schwalbe Durano and a decent all-rounder. I'd switch to Schwalbe One Plus (Durano Plus as was) if I were buving an Audax Mono primarily for commuting.

There's some choice with the specification, which is why the test bike has an 80mm stem and a 38cm handlebar: I asked for them. Similarly, I picked the 42/18 gearing because 63in will get me up and down local hills. You get a freewheel as well as a fixed sprocket on the flip-flop hub, and could have a tooth or two's difference between them.

The chainring is a narrow-wide one you normally see as part of 1× drivetrains. While you don't really need this, a narrowwide ring's improved retention should reduce the risk of unshipping the chain, which is dangerous on fixed if it jams.

The test bike has upgraded TRP RRL-SR brake levers (+£25). These are among the more comfortable non-integrated levers I've used. If you'll only ride fixed, you can legally dispense with the rear brake as you can slow the rear wheel through backpressure on the pedals. If you'll ever ride with a freewheel, you must keep both.

The ride

It's a few years since I was riding fixed on a daily basis. I'd forgotten what a leg-taxing,

Cycle's test promise

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Top: Plenty of steerer height and a stem to suit your back Bottom: You must pedal through slow speed turns on fixed so toe clearance is good

full-body workout it can be. Riding fixed won't just make you pedal more fluidly; it'll make you fitter, full stop. There are really only two ways to go faster on a bike: pedal faster or push a bigger gear. Fixed-wheel trains both.

To spin smoothly you need a gear that suits you and your terrain. The Audax Mono can provide this because you choose it. (Not sure? Try 42/18, 42/17 or 42/16.) You also need the contact points just so, to avoid bouncing around like a sack of potatoes. The Audax Mono helps with this, too, as you can choose the bar, stem and cranks.

I don't know that I'd do a long audax on fixed but I'd happily do 100km on this one if I could ride at my own pace. Fixed doesn't work so well if you have companions on gears as you get dropped on descents, and I found single free oddly unsatisfying.

Verdict

With practical fittings, less racy geometry and clearance for 28mm tyres, the Audax Mono has the key things I want from a fixed-wheel frameset. The fact that the complete bike comes with wellbuilt wheels and components you can tweak to your taste makes it an even better buy. I'd like a smidgen more space under the brake callipers but if you're looking for sensible fixed-wheel bike at a sensible price, this has to be on your shortlist.

Tech Spec SPA CYCLES AUDAX MONO

Price: £820 as tested (from £795. frameset £375 at time of writina). Sizes: 50, 52, 54 (tested), 56, 58, 60cm. Weight: 9.69kg/ 21.32lb (inc guards, no pedals). Frame & fork: TIGwelded, doublebutted Revnolds 725 steel frame with 120mm rearfacing dropouts, 68mm threaded bottom bracket. and fittings for rear rack, mudguard and two bottles. Carbon fork with 11/8in aluminium steerer, 100mm QR dropouts and mudguard fittings. Wheels: 28-622

Schwalbe One tyres, Kinlin XC-279 rims (622×17) rims, 32×3 Sapim Race spokes. Sturmey Archer HBT 30 hubs with solid axles & track nuts. Transmission: no

pedals, 165mm Spa TD-2 chainset with 42t narrowwide chainring, First Components DX-30 squaretaper bottom bracket, 1/8in KMC Rustbuster chain. 1/8in 18t Spa fixed sprocket, 1/8in 18t Sturmey Archer freewheel. One ratio. 63in. Brakes: TRP RRL-SR levers, Tektro R737 callipers. Steering & seating: Spa Cork FVA Gel tape, 380×31.8mm FSA Wing Compact handlebar. 80×6°

FSA Omega stem. 11/8in FSA Orbit Equipe threadless headset. Spa Navigator saddle, 27.2×350mm FSA layback seatpost, Spa seatpost clamp. **Equipment:** 35mm SKS CAB

mudguards, two Spa alloy bottle cages.



