



CTC SUFFOLK SUNDAY RIDES from Ipswich

Coordinator: **Michael Scott** 07784766838

Start: Sunday Rides leave from Crown Pools at **9.30am** sharp unless otherwise shown.

It is advisable to carry **FOOD AND DRINK** as this is **not always available** at the lunch stop. **For the Easy Rides** lunch is generally a **picnic**.

Date	Start	Type	Eleveneses	Lunch	Tea	Leader	Email or Mobile
16 th June		E	Valley Farm Wickham Market	Thorpeness	Easton Farm Park	Stephen Read	stephen.read33@ntlworld.com
	09.15 CP	M	Orford	Peasenhall	Easton Farm Park	John Warren	jkdwarren@googlemail.com
23 rd June		E	River Green Café Debenham	Horham	Parham Airfield	Stephen Read	stephen.read33@ntlworld.com
	09.00 CP	M	Stoke Ash White Horse	Saxtead	Helmingham Hall	Ian Harland	ian@harlandfamily.co.uk
30 th June		E	Hearts Delight Lawford	Ardleigh	Hall Farm Stratford St Mary	Andy Terry	andy@terrys.org.uk
		M	Tea at the Quay Mistley	Weeley	Constable Park Cattawade		
7 th July	09.15	E	Café Como Brent Eleigh	Assington	Raydon Church		
		M				Derek Worrall	worrallderek@hotmail.com
14 th July		E	Valley Farm Wickham Mkt	Sizewell	The Haltons Martlesham		
		M	Wild Blackberry Bromeswell	Marsh Farm Hollesey			
21 st July		E	River Green Debenham	Easton	Helmingham Hall	Stephen Read	stephen.read33@ntlworld.com
		M	Courtyard Café Crowfield	Thornham Walks	Teapot Café Stonham Barns		