

Led Ride Risk Assessment Guide



Cycling UK recommends carrying out a risk assessment for any activity that involves members of the public. The generic hazards below may affect the health and safety of the event, activity or venue. Please complete the following document with details of any specific hazards and the measures put in place to control them. Keep this form for your records and review and amend regularly. In the event of an accident/incident follow the accident/incident procedure.

Hazard	Control Measures
Riders' equipment, health and stamina	Group leaders fully brief participants and check all equipment is suitable and functioning before activity occurs. Participants have fully completed registration forms including medical information. Leaders to carry these documents on the ride in case of accident or incident
Event terrain/road type/elevation/distance/difficulty	Detailed information about the likely conditions is provided in advance so riders know what to expect.
Highway design or maintenance, trail features and obstacles	Ride the route beforehand, ideally near to the date of the event, and point out any specific hazards or details at the start. Provide an alternative route where appropriate.
Adverse weather	If adverse weather is forecast, riders should be warned before the start about such conditions. If extreme weather is forecast, organisers should consider cancelling the event and informing public in adequate time.
Other road/trail users	Plan routes away from busy roads/trails where possible. Explain road etiquette or specific difficult sections in advance, whilst emphasising riders are responsible for their own safety at all times.
Other hazards	Risk assess and list any additional control measures separately below. Keep for your records in case of any incidents.

Please note: A dynamic risk assessment on the day is required

Risk Assessment:

Club/Group name

Complete all sections relevant to your activity

Activity title

Activity leader

Route To/From

Venue:

Time Start/End:

Approx No. of Participants:

Distance:

Terrain:

Difficulty:

Cycling UK registered:

Date completed:

Assessors Signature:

Hazard

Who may be involved?

Control measure

Is the level of risk acceptable?

Review

Risk Assessment - Additional sheet



Hazard	Who may be involved?	Control measure	Is the level of risk acceptable?	Review