



— The —
BIG BIKE
— Revival —

we are
cycling
UK



Department
for Transport

Free Dr Bike cycle repair event

Bike health checks delivered at your workplace to keep you cycling safely and inspire you to cycle to work.

We're fixing bikes by providing 'M-checks' and Minor Repairs that may include any of the following:

Brakes



Calliper and cable adjustment, cable and pad replacement

Gears



Indexing, adjustment and cable replacement

Chain



Check for wear, lubricate if required

Tyres



Puncture repair/tube replacement, inflated to recommended pressure (PSI)

Other



- Check all nuts and bolts are correctly torqued
- Headset and bottom bracket check
- Check bar plugs and cable end caps, and replace if missing

Time



Maximum of 30-minutes time spent on your bike

cyclinguk.org/bigbikerevival

#BigBikeRevival