

## CTC Dumfries and Galloway Members Group welcomes everyone to join them for all or part of a ride, or just for lunch on their

## Spring - Summer 2025 Runs' Programme April - Sept 2nd Draft

DATE	TIME	START at	DESTINATION	Miles	FOOD	LEADER
5 April 2025	10:30	AGM - Castle Do	uglas Parish Church - Post AGM-R	ide TBA		
13 April 2025	10:00	CASTLE DOUGLAS	TBA			HS
20 April 2025	10:00	DUMFRIES	Striding Arches	52	bf	TH
27 April 2025	10:00	LOCKERBIE	Gretna - Cafe		cp/bf	SC
3 May 2025	10:00	WIGTOWN	Isle - Port William - Mochrum	37	cp/bf	BR
"11 May 2025	10:00	CASTLE DOUGLAS	Cairn Water - Kilnford(Cafe Stop)	40	cp/bf	TBA
18 May 2025	10:00	DUMFRIES	Eskdalemuir(Cafe)	60	cp/bf	VJ
May 23 - 26 PENPONT KM 2025 CYCLE RALLY VARIOUS LEAD RIDES/ACTIVITIES						
7 June 2025	9:30	NEWTON STEWART	Barrhill(Shop))	52		BR
15 June 2025	10:00	DALBEATTIE	TBA		cp/bf	PH
22 June 2025	9:00	DUMFRIES	Durisdeer Volver(Cafe Stops)	75	cp/bf	TH
29 June 2025	10:00	CANONBIE	Newcastleton - Eskdalemuir	70	cp/bf	IL
"5 July 2025	9:30	GLEN LUCE	Barrhill(Shop)	37	cp/bf	TBA
13 July 2025	10:00	VARIOUS	GROUP MEET UP AT GATEHOUSE	40	ср	
19 July 2025	7:00	DUMFRIES	Oot Tae Carrick - 200K Audax - Entry	<b>200K</b>	cp/bf	TH
27 July 2025	10:00	CANONBIE	Lanercost Priory(Brampton)	50	cp/bf	TBA
2 Aug 2025	8:00	TBA	IAN'S CENTUARY	100	bf	IL
10 Aug 2025	10:00	NEW GALLOWAY	Carsphairn Tearoom - Lochinvar	40	cp/bf	RH
16 Aug 2025	10:00	THORNHILL	Mennock Loop JOINT RIDE with K M Wheelers	40	ср	DS - TH
24 Aug 2025	10:00	CLAYGATE	Bewcastle - Cafe	45	cp/bf	SC
6 Sept 2025	10:00	WIGTOWN	Isle of Whithorn	42	cp/bf	BR
14 Sept 2025	10:00	CASTLE DOUGLAS	Corsock Highways & Byways -	TBA	bf	GB
21 Sept 2025	10:00	DUMFRIES	Moffat	45	bf	GC
28 Sept 2025	10:00	POWFOOT	LOCKERBIE - Cafe Stop	45	cp/bf	IG

Parking: Canonbie, Village Hall; Castle Douglas, Market Hill C.P; Dumfries, Devorgilla Bridge; Glenluce, War Memorial; Langholm, Market Sq; Lockerbie, Victoria C.P; Minnigaff, Riverside C.P; Stranraer, Breastworks C.P; Thornhill, Library C.P; Wigtown, Town Hall; - Food:- cp = café/pub; bf = bring own food

Leaders:- GB Gordon Best 07816 593152; GC Garry Collins 07902916980; SC Stewart Cully 07421 136623; TH Tom Hanley 01387 261969; EH Eamon Hastings 07736 050367; RH Robin Hogg 07974814172; IG Ian Gilbert 07754 262160; PH Phil Howard 01556 610998; IL Ian Ludlam 07709 710301; Bob Rostock 07776 311978; HS Helen Sainsbury 07740 401065; DS David Shaw 07802 434828;

Guest/Non-Cycling UK riders are allowed. Guests can participate in a maximum of 3 rides before being expected to join CUK. All participants will agree to give personal and Emergency Contact details; these details will not be kept without your agreement.

All mileages approximate. Rides (but not starts) may vary due to, say, weather, route conditions. All riders must have roadworthy bikes and carry SPARE TUBE, FOOD, DRINK, WET WEATHER CLOTHING, and preferably, pump, puncture kit and any tools particular to their bikes. Under 18's must be accompanied by responsible adults. Individuals are responsible for themselves, (adults for their accompanying children).

Web site: DANDGCYCLING.ORG.UK or Facebook

Contact Tom Hanley email tom@dandgcycling.org.uk Version2 25 3 25