

GLASGOW, LANARKSHIRE, FALKIRK, ARGYLL and AYRSHIRE – December 2024

see *Countrywide, Scotland and Edinburgh*: [Loch Lomond & Trossachs leaflets are also listed under Stirling](#)

Pocket sized guides to the NCN: £7.99 each

37: **Ayrshire, Lanark & The Isle of Arran Cycle Map** (2021)

41: **Glasgow, Stirling & The Clyde Cycle Map** (2021)

<http://shop.sustrans.org.uk/> to order on-line (7/24)

Clyde and Loch Lomond Cycleway, Glasgow to Loch Lomond (NCN 7)

<https://lochlomond-thetrossachs.co.uk/item/cycle-route-7/> for details

Cycling, Loch Lomond & the Trossachs National Park

www.lochlomond-trossachs.org/things-to-do/cycling/ for details (12/24)

Paisley and Clyde Railway Path (NCN 75), Paisley to Gourrock 20 mls (2004)

<https://docslib.org/doc/1039855/paisley-and-clyde-cycling-path> to download (12/24)

Eglinton Park - cycling

www.north-ayrshire.gov.uk/libraries-parks-leisure/eglinton-park/things-to-do-at-eglinton-park for details (12/24)

Walking and cycling in South Ayrshire

www.south-ayrshire.gov.uk/article/28446/walking-and-cycling/ to download (12/24)

The Clyde Walkway, Glasgow City Centre to New Lanark

www.southlanarkshire.gov.uk/downloads/download/258/clyde_walkway to download

East Kilbride Cycling Network, 3 routes around the town centre

www.southlanarkshire.gov.uk/downloads/download/201/east_kilbride_cycle_network_routes_one_to_three to download (12/24)

The White Cart Water Walkway & Cycle Route, Pollok House in Pollok Country Park & Holmwood House, Cathcart

Follow the Kingfisher signs (OS 64, GR 55 61/58 59)

<http://gobike.org/pdfs/cart-blanche.pdf> to download (12/24)

Crinan Canal, Ardrishaig/Crinan (OS 55, GR 85 85/78 94) 9 mls

www.scottishcanals.co.uk/visit/canals/ for details (12/24)

Walk, Ride and Cycle in and around Denny (Denny Path Network), 7 suggested locations (2012)

www.falkirk.gov.uk/services/environment/environmental-management/docs/paths-walks/05%20Denny%20path%20network.pdf?v=201906271131
to download

Walk, Ride and Cycle in and around The Falkirk Wheel and South Falkirk, 10 suggested locations (2010)

www.falkirk.gov.uk/services/environment/environmental-management/docs/paths-walks/09%20The%20Falkirk%20Wheel%20and%20South%20Falkirk.pdf?v=201906271131
to download (12/24)

Carron Valley MTB Trails (OS 57,64. GR 72 83) (2013)

<https://forestryandland.gov.scot/visit/carron-valley> to download route card (12/24)

Gravelfoyle, 3 gravel routes for all abilities from Aberfoyle Village into Loch Ard Forest

www.gravelfoyle.com/waymarked-routes for details (12/24)

Fire Tower Mountain Bike Trail, start from Achnabreck, Kilmichael Glassary and Lochgilhead (OS 55)

www.heartofargyll.com/places/argyll-and-bute/lochgilhead/what-to-do/fire-tower-mountain-bike-trail/ for details (12/24)

Callendar Estate Falkirk Cycling Routes

www.callendarestate.co.uk/activities/cycling/ for details (12/24)

The Helix (near Falkirk), walking & cycling

www.thehelix.co.uk/activities/walking-cycling/ for details (12/24)

Cycling in East Renfrewshire

www.whatsoneastrenfrewshire.co.uk/activities/cycling/ for details (12/24)

Cycling in Renfrewshire, includes 10 cycle routes

www.renfrewshire.gov.uk/media/2277/Cycling-in-Renfrewshire/pdf/CyclingInRenfrewshire.pdf?m=1460976002110
to download (12/24)

The Three Lochs Way multi-user notes, linking Loch Lomond, The Gareloch and Loch Long; also Guidebook £10

www.threelochs.co.uk to obtain (12/24)

The Whithorn Way, Glasgow/Whithorn (see *Scotland*) (12/24)

Rides around the Trossachs, 6 easy to follow rides £5.95 (*Stirling Surveys*)

www.cordee.co.uk/trossachs-rides-around-ctb652.html to order on-line

Rides around Loch Lomond £5.95 (*Stirling Surveys*)

www.cordee.co.uk/rides-around-loch-lomond-ctb795.html to order on-line (12/24)