

Join us for a choice of two leisurely guided bike rides in Scarborough and Harrogate. A great way to discover new cycle routes, build your cycling confidence and improve your wellbeing. Ideal for new and novice cyclists.

EVENT DATES 2025

All rides start and finish from the venues below.

Saturday 19th April

All Weather Pitch at Gladstone Road Primary School, Scarborough YO12 7DD.

Sunday 20th April

Car Park at Bilton Cricket Club, Bilton Lane, Harrogate, HG1 3DQ.

RIDE TIMINGS

Ride lengths and duration dependent on group ability

Adult rides (18+ only) - morning sessions:

Meet at 9:45am for 10am start, ride up to 12pm

Family friendly rides - afternoon sessions:

Meet at 12:45pm for 1pm start, ride up to 3pm

Note: For the family friendly rides children must have completed Bikeability Level 2 (usually ages 9+) or have equivalent riding experience. If very young children join the ride, they must be seated in a bike trailer, child seat, cargo bike seat or equivalent. All children under 18 must be accompanied by a parent/guardian.

Book your free place via <u>EventBrite</u>

Inclusive cycles available including trikes, tandems, handcycles & wheelchair cycles

Choose a bike to suit you...

Find out more on: everybodyscycling.org.uk/news

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or a bike for two!

