

Free guided rides in Scarborough, Selby & Harrogate

Borrow
a bike and
helmet

Join us for a choice of two leisurely guided bike rides from 3 locations. A great way to discover new cycle routes, build your cycling confidence and improve your wellbeing. Ideal for new and novice cyclists.

EVENT DATES 2024

All rides start and finish from the venues below.

Saturday 6th July

All Weather Pitch at Gladstone Road Primary School,
Scarborough YO12 7DD

Saturday 13th July

Summit Indoor Adventure, Selby YO8 4BL

Saturday 27th July

Harrogate Leisure & Wellness Centre, Harrogate HG1
2RP (in car park to right of main entrance)

RIDE TIMINGS

Ride lengths and duration dependent on group ability

Adult rides (18+ only) - morning sessions:

Meet at 9:45am for 10am start, ride up to 12pm

Family friendly rides - afternoon sessions:

Meet at 12:45pm for 1pm start, ride up to 3pm

Note: For the family friendly rides children must have completed Bikeability Level 2 (usually ages 9+) or have equivalent riding experience. If very young children join the ride, they must be seated in a bike trailer, child seat, cargo bike seat or equivalent. All children under 18 must be accompanied by a parent/guardian.

Find out more on: everybodyscycling.org.uk/news



Book your free place
via [EventBrite](https://www.eventbrite.com)

A project by



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